



DO YOU FEEL OUT OF CONTROL AROUND FOOD?

The APPETITE II TRIAL (IRB# 18-0784) is a medication-free research study being held by the University of North Carolina at Chapel Hill. This study is testing an intervention that may help you to decrease emotional eating and prevent weight gain. Participants will be compensated for their time.

You may be ELIGIBLE if you:

- Are an African-American woman with a BMI >30
- Are not pregnant
- Report feeling out of control when eating (at least once per week)
- Are able to attend 8 weekly group meetings (held at UNC Department of Family Medicine)

Please CALL (919-642-3742) or EMAIL (mariahmc@live.edu) to participate.

Follow the link or QR code to
see if you are eligible.

<https://is.gd/AATscreen>



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